

# School Leader Reflection Journal



## Preparing for the Upcoming Implementation Team Meeting

This journal is for you to reflect on where you are with your implementation goals, where your team is, and how you're feeling about the work. Use this time to center yourself, assess progress, and set an intention for the next steps as you prepare for your meeting with the team.

## Section 1: Reflecting on Where We've Been

## What's been going well lately with implementing the Fly Five framework?

- Think about the wins, both big and small. What has brought you joy in the process?
- Jot down any recent moments that made you feel proud or hopeful.

### Example:

Teachers are starting to use Fly Five language in their classroom routines consistently, and I see students taking more responsibility for their actions. This shift is progress, and it feels meaningful.

## Section 2: Reflecting on Where We've Been

- **What challenges have come up?**
  - Take a moment to consider the obstacles you've encountered. What's felt harder than expected?
  - Writing it down helps make these challenges more manageable.

## Example:

Some teachers still feel uncertain about how to integrate Fly Five practices consistently, especially during the busiest parts of the day.

## Section 3: How Am I Feeling?

- **Am I connected to the team and our shared vision?**
  - Reflect on your connection with the implementation team. How aligned do you feel with them? How are you supporting them?

## Example:

I feel connected to the team but sense that expectations might be misaligned. I'm noticing some fatigue and want to address it gently during our next meeting.

## Section 4: What Needs Attention?

- **What will help move things forward?**
  - In your quiet reflection, ask yourself: what do you believe will make the most significant impact on moving the work forward for the team and students?

## Example:

Providing time for peer observations and sharing classroom successes might help. I also need to give clear, gentle reminders about the importance of consistent Fly Five integration.

## Section 5: Personal Leadership Reflection

- **How have I shown up as a leader lately?**

- Reflect on your role in this process. Have you been clear, empathetic, and present for your team? Or have there been moments where you wished you could have handled things differently?

## Example:

I've tried to be supportive, but I realize I haven't been proactive enough in checking in with teachers one-on-one. I need to be more present in this phase of the implementation.

## Section 6: Setting Intentions for the Next Meeting

- **What's my intention for the next meeting with the team?**
  - How do you want to show up in the meeting? What energy do you want to bring to help the team feel heard, supported, and motivated?

## Example:

I want to approach the meeting with patience and understanding, knowing that some team members might feel overwhelmed. I want to encourage open dialogue and provide clear next steps.

## Closing Reflection

- **How will I nurture myself and my team during this journey?**
  - Leading this process is not only about the work—it's also about taking care of yourself and your team. Reflect on how you can bring compassion and self-care into your leadership. What does self-care look like for you right now?

## Example:

I've realized that I need to carve out time for myself to recharge. I also want to encourage my team to take moments of mindfulness and reflection in their routines.

