

School Leader Reflection Journal



Preparing for the Upcoming Implementation Team Meeting

This journal is for you to reflect on where you are with your implementation goals, where your team is, and how you're feeling about the work. Use this time to center yourself, assess progress, and set an intention for the next steps as you prepare for your meeting with the team.

Closing Reflection

- **How will I nurture myself and my team during this journey?**
 - Leading this process is not only about the work—it's also about taking care of yourself and your team. Reflect on how you can bring compassion and self-care into your leadership. What does self-care look like for you right now?

Example:

I've realized that I need to carve out time for myself to recharge. I also want to encourage my team to take moments of mindfulness and reflection in their routines.

