

Partnering with All Staff to Learn Fly Five Vocabulary



To ensure that every school community member is familiar with the Fly Five essential life skills vocabulary, foster a shared language of **cooperation, assertiveness, responsibility, empathy** and **self-control**.

Fly Five Connections:

- **Cooperation:** Working together across roles to create a unified school community.
- **Assertiveness:** Communicating our needs, thoughts, and feelings in a respectful, straightforward way.
- **Responsibility:** Being accountable to ourselves and others in how we contribute to the school culture.
- **Empathy:** Understanding each other's roles and the emotions that drive our interactions.
- **Self-Control:** Managing our own emotions and behaviors, even in challenging situations.

Target Audience: All staff in the school (administrators, classroom teachers, counselors, lunch aides, custodians, office staff, special area teachers, etc.)

Time Required: 30–45 minutes (can be adjusted based on team size and level of discussion)

Introduction to Fly Five (5 -10 minutes)

Instructions for School Leader

- **Welcome and Purpose**

"Welcome, everyone! As part of our ongoing efforts to create a positive and supportive school culture, we will explore the Fly Five essential life skills. These skills—**cooperation, assertiveness, responsibility, empathy and self-control**—are important for our students, but they're just as important for all of us as staff members. Understanding and using these skills helps us create a cohesive and supportive environment for everyone."

- **Connect to School-Wide Culture**

"When everyone uses the same language and practices these skills, we create a unified community. Whether you're interacting with students, fellow staff members, or parents, these competencies guide our interactions and strengthen our school culture."

Sharing the Vocabulary Reference Guide (10 -15 minutes)

1. **Introduce the Vocabulary Reference Guide**

"I'm going to share a **Fly Five Vocabulary Reference Guide**. This guide includes definitions of the five core competencies and examples of how they appear in everyday situations—whether in the classroom, hallway, lunchroom or during team meetings.

2. **Distribute or Display the Vocabulary Guide**

You can distribute printed copies of the guide or display it on a screen. Be sure to highlight:

- **Cooperation:** Working together toward a common goal.
- **Assertiveness:** Expressing thoughts, feelings, and beliefs in an open, respectful way.
- **Responsibility:** Being accountable for one's actions and their impact on others.
- **Empathy:** Understanding and sharing the feelings of others.
- **Self-Control:** Managing one's emotions, thoughts, and behaviors in different situations.

3. **Discuss Real-World Applications**

Ask participants to think about how these competencies apply to their roles. For example:

- **Lunch Aides:** How does **Empathy** show up when interacting with students during lunch? How does **Self-Control** come into play when students are excited or upset?
- **Custodians:** How does **Responsibility** look in your work? What does **Cooperation** look like when working with other staff to maintain a clean and safe environment?
- **Office Staff:** How do you model **Assertiveness** and **Empathy** when helping parents or responding to students' needs?



4. Fly Five Connection

Reiterate that Fly Five is not just for students—it's a shared language for all of us. Using these terms consistently creates a school culture where everyone feels supported and valued.

Group Reflection and Discussion (10 -15 minutes)

1. Small Group Discussion

Divide staff into small groups and ask them to reflect on the following:

- How can you incorporate one of the Fly Five competencies into daily interactions with students and colleagues?
- What strategies can we use as a school community to ensure these skills are practiced by everyone in every space (classroom, office, hallways, etc.)?

2. Group Sharing

Ask each group to share one insight or action step they came up with for integrating Fly Five language and skills into their role.

Actionable Takeaways (5 minutes)

- **Next Steps**

"I encourage you all to keep the **Fly Five Vocabulary Reference Guide** visible—whether in your work area, desk, or phone. This week, take time to notice how **cooperation, assertiveness, responsibility, empathy and self-control** show up in your day-to-day work and interactions."

- **Commitment**

"Before we close, let's commit to one action we can each take to incorporate one of the competencies into our interactions this week. Whether it's a conversation with a student, colleague, or parent, let's actively choose to bring one of these life skills into the moment."