

Back to School Night Talking Points: Helping Children Grow with Fly Five!



Parents are a child's first teacher, and we recognize that a child's development begins long before they enter the classroom. Fly Five values your support and offers School-To-Home Connections that give parents a snapshot of what's happening in the classroom.

What Is Fly Five?

Fly Five supports children in developing essential life skills, such as making and keeping new friends, expressing and managing emotions, making responsible choices, and showing hope and perseverance.

These lifelong skills are just as necessary as academic knowledge and are taught directly through daily lessons and routines.

What Are C.A.R.E.S. Competencies?

C.A.R.E.S. stands for:

- **Cooperation** – Working well with others.
- **Assertiveness** – Speaking up respectfully.
- **Responsibility** – Owning actions and following through.
- **Empathy** – Understanding and caring about others' feelings.
- **Self-Control** – Managing impulses and behaviors.

We practice these competencies daily to help students thrive in school and life.

Why Does Home–School Partnership Matter?

When families and educators work together, children grow stronger in every way. You can support your children at home by:

- Asking your child about the C.A.R.E.S. focus of the week.
- Noticing and naming moments when your child shows empathy or self-control.
- Encouraging responsible choices with simple routines (like packing their backpack or helping a sibling).

Here is One Way We Can Help: The School-to-Home Connection

The School-to-Home Connection bridges classroom learning with home life. Delivered in a friendly newsletter format, each issue includes:

- A clear overview of the Fly Five standards and skills.
- Simple, engaging activities to try at home—no special materials or prep needed.
- Opportunities for children to practice essential life skills skills with their families.

These newsletters are flexible enough to fit into any family's schedule and help strengthen your child's learning beyond the classroom. The range of engaging activities offers family autonomy and is entirely optional.

