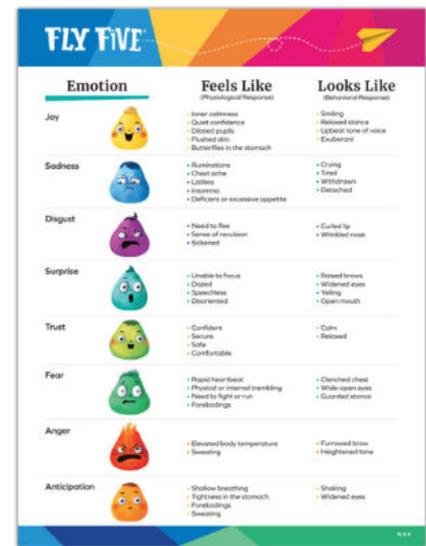
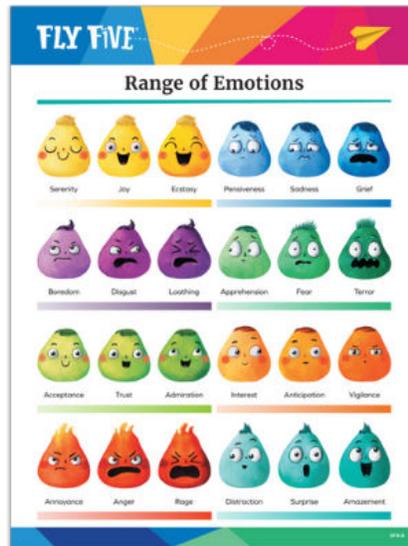
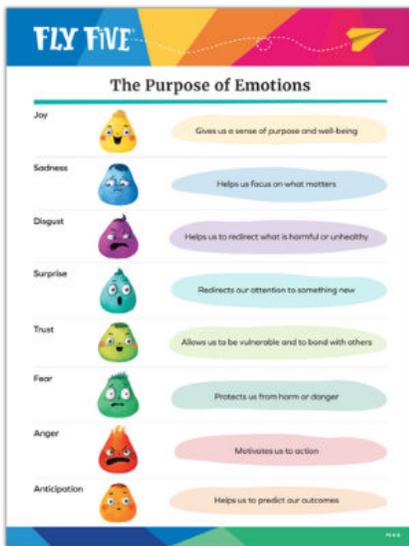


# Guided Teacher Lesson for Emotions Posters

**Teacher Directions:** Using the Purpose of Emotions, the Range of Emotions, and the Emotions Looks Like, Feels Like posters, invite your students to think about how they feel emotions in their bodies.



**Prompt discussion by asking questions like:**

- What does this emotion sound like?
- What does this emotion look like?
- What does this emotion feel like?
- What color or symbol represents this emotion for you?

Using crayons, markers, or watercolors, have students illustrate their emotions in the window below.

# A Window of My Emotions

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Directions:** Have you ever thought about what your emotions look like, feel like, or sound like?  
Using crayons, markers, or watercolors, draw your emotions in the windows below.

