



Cooperation



Maintaining friendships

Working towards a shared goal

Resolving conflicts

Working as a leader or partner



Assertiveness



Expressing big feelings

Asking for help

Being truthful

Showing persistence



Responsibility



Making good choices

Taking responsibility for your actions

Standing up for others

Taking care of the world around you



Empathy



Noticing and naming emotions

Celebrating differences

Valuing all cultures

Increasing self-awareness



Self-Control



Following moral & social standards

Managing unpleasant feelings

Controlling impulses

Showing hope & persistence



Cooperation



Looks Like



Sounds Like



Feels Like





Assertiveness



Looks Like 👁️👁️

Sounds Like 🗣️

Feels Like ❤️



Responsibility



Looks Like



Sounds Like



Feels Like





Empathy



Looks Like



Sounds Like



Feels Like





Self-Control



Looks Like



Sounds Like



Feels Like

