

Gratitude Prompts

Name _____

Date _____

Make gratitude a part of your daily routine with Fly Five! These can be used as conversation starters or journaling prompts.

**something you love
about yourself**

**someone in
your heart**

**a special place you
like to go**

a friendship

your favorite book

**an activity that
you enjoy**

**a mistake that you
learned from**

your favorite food

**a time that you tried
something new**

**something beautiful
in nature**

**a pet or your
favorite animal**

**a learning tool
at school**

**something that
makes you laugh**

your favorite sound

**something that
makes you smile**

