

FLY FiVE[®]

Family Guide



Strengthening Mindsets for
Whole Child Success

www.flyfive.org



Parents: A Child's First Teacher

At Fly Five, we recognize that a child's development begins long before they walk into the classroom. It is at home, with family, where children begin to develop the essential skills that are the foundation for student growth, academic achievement, and lifelong success. Fly Five honors the many roles that play a part in a successful, well-rounded education by creating materials that support social, emotional, and academic learning throughout children's lives.

Practice Makes Readiness

Fly Five's unique approach to teaching and practicing the skills necessary for lifelong success allows students to feel confident and ready to navigate social situations, manage their emotions, and face academic challenges.

With Fly Five, your child will be ready to:

- Make and keep new friendships
- Express themselves effectively
- Make positive choices
- Recognize and manage emotions
- Show hope and perseverance

Fly Five teaches students to be accountable for their actions, in and out of the classroom.



Practice Makes Competence

Fly Five provides students, educators, and parents with opportunities to explore and practice skills that strengthen their capabilities in the five C.A.R.E.S. competencies that are necessary for social, emotional, and academic success.



Cooperation

Prepares students to have positive relationships and be contributing members of the classroom community



Assertivness

Empowers students to take initiative, stand up for themselves, and persevere though challenge



Responsibility

Helps students to follow though on expectations and choose positive solutions



Empathy

Enables students to recognize, appreciate and understand new perspectives



Self-Control

Gives students the ability to regulate their thoughts, emotions, and behaviors to stay on a sussesful track

With Fly Five, your child can develop the competence to:

- Work well with others and respect differences
- Persevere through challenges and work toward positive outcomes
- Respect and understand perspectives of others, even if they don't agree
- Hold themselves accountable for actions and responsibilities
- Manage emotions and impulses

Fly Five helps students build the skills needed to take initiative, stand up for themselves, ask for help, and persevere.



Fly Five prepares students to establish and maintain friendships.



Practice Makes Belonging

Every child deserves to feel seen, heard, and valued. Fly Five helps educators foster a welcoming learning environment where students have a voice, are motivated to learn, and know that they belong.

With Fly Five, your child can feel a sense of belonging in a classroom where:

- Students welcome and respect their peers
- Students contribute to creating a safe and positive classroom environment
- The backgrounds and experiences of all students are honored
- Bully-proof activities help students develop positive friendships
- Strengths are highlighted and areas for growth are supported

Practice Makes Autonomy

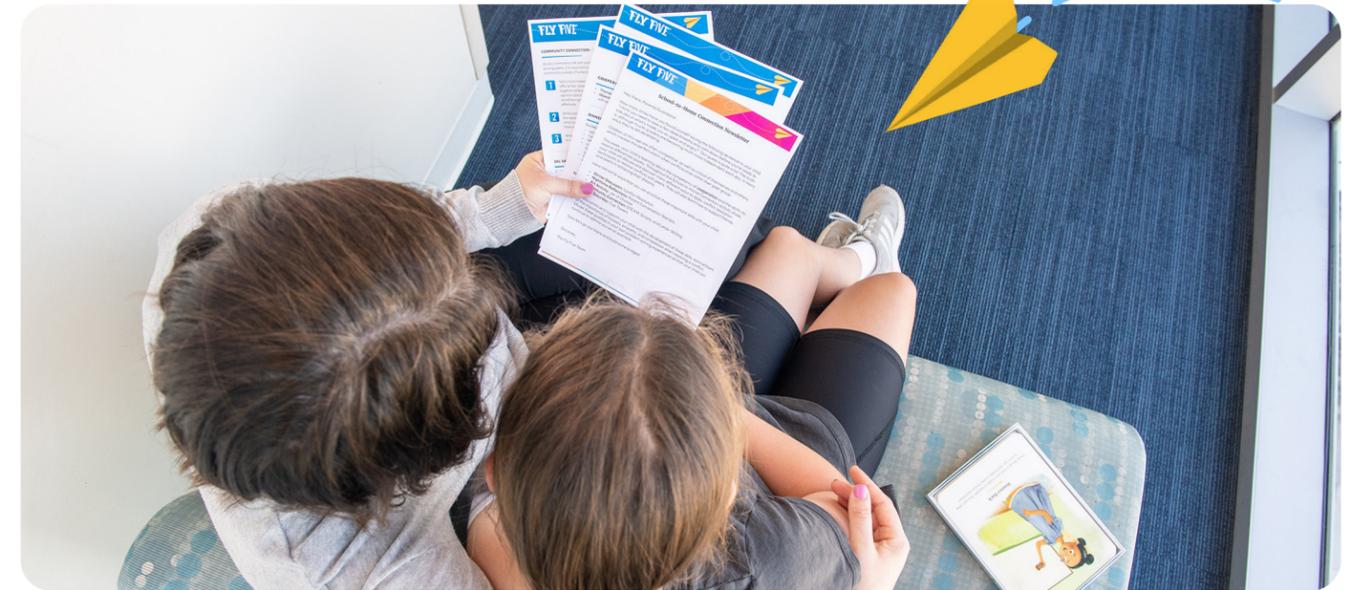
Autonomy empowers students to be independent in learning and in life. Fly Five supports parents and educators in preparing children to be autonomous learners so they can think critically, problem-solve, and make positive decisions on their own.

With Fly Five, your child can develop autonomy to:

- Reflect on choices and outcomes
- Use their skills and apply knowledge independently
- Take ownership of learning and express enthusiasm for succeeding academically
- Stand up for themselves and their ideas
- Ask for help and deepen understanding



Fly Five prepares students to problem-solve and work through challenges.



Practice Makes Success

By supporting the practice of these skills in the classroom and at home, Fly Five helps parents and educators work together to set children up for success in learning, life, and play.

With Fly Five, your child can have success in:

- Setting and achieving goals in academics, extracurricular activities, and life
- Utilizing social and emotional skills now and into the future
- Using mindfulness to reset, refocus, and remain engaged in learning
- Building and maintaining positive relationships



Fly Five teaches students self-control so they can regulate their thoughts, emotions, and behaviors to remain on a successful trajectory.

Do you want to get involved?

Fly Five's School-to-Home Connection is a toolkit we offer to help bridge the gap between the classroom and the home. This resource was created to help families support the skills students learn throughout the day. With practice and the support of their families and educators, every child will have the opportunity to build important life skills that will help them to reach their full, incredible potential.



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